

## Equipped to Counsel Class Description

*“Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood” (Acts 20:28).*

Biblical counseling is bringing the Scriptures to those who are struggling in life or those who need wisdom in facing life’s challenges. It differs from secular or even “Christian counseling” in that biblical counseling is based on the belief that the Bible is sufficient for life, and it has divine, supernatural wisdom for dealing with life’s struggles and hurts. Truth Renewed believes that Christians are called to minister to one another through intensive discipleship, which should happen in the context of the local church (Colossians 1:9-14; 1 Thess. 5:14).

Many churches, however, are not equipped or don’t know how to counsel each other, so services like Truth Renewed are necessary. Our long-term goal is to help churches establish their own counseling ministry so that the local body can walk together in the power of the Holy Spirit.

*“to equip the saints for the work of ministry, for building up the body of Christ,”*  
*(Ephesians 4:12)*

Paradigm Biblical Counseling has partnered with [Association of Biblical Counseling](#) and will be offering a certification program beginning in January 2021. This will be a 30-week program that emphasizes the importance of biblical counseling, intensive discipleship, and teaches the wisdom in Scripture to offer hope to the those struggling in sin and suffering.

The objectives of the certification are:

- Develop a biblical philosophy of the Christian life that includes active involvement in a community of believers.
- Develop a biblical philosophy of counseling that emphasizes the call of all believers to take part in the work of counseling and discipleship.
- Understand the basic meaning of biblical counseling.
- Acquire a basic understanding of the general and specific methods of biblical counseling.



**Together let’s bring counseling into the church! We are all called to counsel!**

- Cover various counseling related issues that include depression, anger, anxiety, addiction, and sexuality.

Typically, the ABC1 biblical counseling certification is a self-study, independent program with periodic papers due and graded tests. However, with Paradigm Biblical Counseling's program, we are offering a guided and interactive certification process. Students will still be responsible for the readings and homework assignments, but we will gather the students together in a class periodically for interaction, emphasis on particular topics, role play, practice on biblical counseling principles, and general Q/A. In addition, each student will be mentored by Paradigm's certified counselors and staff for ongoing supervision and support.

After completion of the certification program, our desire is that newly certified counselors would return to their local churches to help start a counseling program within the local body.

### **A student receives:**

- Class materials (book, articles, DVD/video content)
- Regular checkpoints and guidance with certified counselors
- Interactive study and session review
- Role playing with other students
- Mentoring by practicing biblical counselors and staff
- Accountability to finish assignments and ultimately, the program
- Ongoing support and supervision

### **A church receives:**

- Certified biblical counselors within their own body who are ready to minister to fellow members
- A solid foundation of volunteers to start a counseling ministry
- Discipleship for participants

### **Program details:**

1. Schedule
  - a. Class starts January 2021, first assignment due January 25, 2021
  - b. Class Graduation is August 21, 2021
  - c. 6 group sessions

- d. 2+ mentor sessions
  - e. Weekly reading & assignments (see syllabus for detailed schedule)
2. Cost
- a. \$825/student
    - i. \$25 application fee to ABC - paid by student to Association of Biblical Counselors at time of application
    - ii. \$35 article fee to CCEF - Journal of Biblical Counseling (JBC) articles that are required reading will go directly to students. This is normally \$69 but ABC has a discount code to get 50% off CCEF's bundle package and student receives over 1000 archived articles for future study.
    - iii. \$765 - Paradigm Biblical Counseling
      - 1. Includes tuition & certification fee, Equipped to Counsel book, ABC membership fee (annual fee that gives access to all Equipped to counsel videos/classroom and resources
3. Materials included
- a. ABC membership
  - b. "Your Walk As a Community Project" and "What did you expected" video conference lectures by Paul Tripp
  - c. "Equipped to Counsel" book by John Henderson
  - d. Journal of Biblical Counseling Articles, CCEF articles
  - e. Materials at graduation to assist in counseling sessions
4. Location
- a. Most assignments are done in the comfort of your own home.
  - b. 6 group & 2 mentor sessions will be at Paradigm Biblical Counseling Offices or Grace Harbor Church or via Zoom pending COVID restrictions
5. Contacts - For questions, inquiries, more information
- a. Miranda Laughlin - [mLaughlin@paradigmbiblicalcounseling.com](mailto:mLaughlin@paradigmbiblicalcounseling.com)
  - b. Jacob Perkins - [busadmin@paradigmbiblicalcounseling.com](mailto:busadmin@paradigmbiblicalcounseling.com)
6. Helpful Links
- a. [ETC founder informational video](#)
  - b. [Paradigm Biblical Counseling Equipped to Counsel Class Application Link](#)